

GOLDEN STATE GYMNASTICS

May 2010 Newsletter



Dear GSG Parents,

Summer Camp

GSG is heading into the summer with a bang! You probably already noticed we have newly painted walls throughout the entire gym in preparation for our biggest year of summer camps ever! We still have open spaces for those interested, but please hurry to secure your spot as camps are filling up fast! At Summer Camp 2010, there will be plenty of jumping, tumbling, outdoor water play, summer games, food, arts and crafts and most importantly, making new friends and having FUN! Our highly qualified and experienced staff members are gearing up to make Summer Camp 2010 a memorable one for the kids!

Customer satisfaction is priority number one with the GSG Staff. Please share your thoughts, suggestions, and feedback with us so that we can continue to serve you in the best possible way. Post a review about us (on servers like yelp.com, local.yahoo.com, yellowbook.com or our website on testimonials page) to get a \$5 discount off Summer Camp. When done just let us know at goldenstategym@hotmail.com. The early bird special discount is gone, but you can still save a few bucks and help us better ourselves. For more information, please see our flyer available at the front desk and also on our website.

Flip Festival

The GSG staff and kids are very excited to perform for you at Flip Festival 2010. The event is on June 12th and tickets are already on sale. Mandatory dress rehearsal is scheduled for Friday June 11th at 5:30pm. At this time the gymnasts will be receiving their flip festival 2010 uniforms.

Dodger Day

Gymnastics Dodger Day 2010 is almost here! Participants, we will be meeting at Dodgers field on Sunday June 13th at 11:30am. More information will be given at the mandatory parent meeting on Wednesday June 9th at 5pm.

Grants and Donations

USAG

Raise money for the USAG Golden State Gymnastics Team! Pick up the orange flyer available at the GSG front desk or download it [here](#) from our website and present it during the week of Monday, May 24 thru Friday, May 28 between 11:00am-10:30pm at the Burbank Empire Panda Express. The Golden State Gymnastics USAG Team will receive a 20% donation from your purchase!

Responsible Sports

Please don't forget to support us for a chance to win a \$2,500 grant from Responsible Sports™. The expiration date is May 31st. We are a non-profit organization and therefore depend on

grants and donations to improve our program. For more information, [click here](#) Detailed steps are at the bottom of this email. If you have any questions feel free to contact us.

Our Thanks

We want to thank everyone (staff, volunteers, parents, kids and guests) for the huge help we received with the 2010 USAIGC California State Meet. We are very proud of all our athletes!

June Birthdays

We would like to also congratulate our GSG kids on their upcoming June birthdays! You all are improving by leaps and bounds and we are so happy to have you in our gym! Keep in mind that nobody throws a birthday party like GSG! Let us make your child's celebration a spectacular one!



GSG congratulates:

Birthday Kid	Age
Sarah Higuera	11
Sascha Stevens	7
Emma Bailey	10
Isabella Bowman	6
Tina Ovsepian	9
Dea Kourafas	11
Natalie Yu	6
Olivia Rottmann	3
Natalie Castaneda	6
Rachel Huntley	6
Keeva McNutt	9
Sheridan Renfroe	8
Edita Barakyozyan	8
May Nuchit	9

Birthday Kid	Age
Fiona Crenshaw	7
Alexandra Pranger	6
Jacqueline Angel P. Robles	10
Angelina Papa	7
Max Panfilov	8
Samantha Schwimmer	2
Ben Moseley	10
Mona Gerami	7
Nicole Senane	15
Gisselle Gomez	16
Natterra Bennett	5
Emily Argenti	10
Caleb Jackson	6
Kayen Sykes	2

Program News

Preschool

As we head in to summer; we will be polishing up our handstands and introducing cartwheels. Take this opportunity to share stories with your kids of how you learned, or wanted to learn, a cartwheel as you enjoy a day at the beach or perhaps a summer picnic.

Recreational

The recreational gymnasts are focusing all their energy on the routines and amazing skills for the Flip Festival 2010. All the girls are stepping up as they help each other to memorize and perfect every single aspect of the routine.

GSG would like to congratulate Nora Rose-Hines for being the first (but definitely not last) Level 3 gymnast on getting her kip and front-hip circle on the uneven bars. Congratulations Nora!

Competitive

The entire team program is prepping their routines and skills for Flip Fest. In addition:

USAIGC: GSG hosted the USAIGC State Championship and our girls did very well! Colleen Gabrimassihni STATE CHAMPION on Beam (Copper level); Angie Gharabegi STATE CHAMPION All-Around and Beam (Gold Level); Melanie Bartemian STATE CHAMPION on Floor (Platinum). Regional meet at JAG: Gia Pastorelli 1st on Floor (Copper Level); Grace Kuhlmann 1st on Beam and AA (Copper level); Gwen Sullivan 1st on Vault and Floor (Copper level); and Gigi Margarino 1st on Beam (Bronze level). Way to go girls!

USAG: Prepping their routine and skills for Flip Fest. Juliette (Little J), Avery, Kansas, and Ashley will be competing in another preseason meet in San Bernardino on June 6. Good Luck Girls!

We are continuously making improvements to our website. Check out our new dropdown menus!

Keep jumping!

Gymnastically yours,

GSG Staff

Steps to help us win the \$2,500 grant from Responsible Sports:

- 1.) Visit **ResponsibleSports.com/grant**
- 2.) Scroll down and in the box for **Participants**, click on **Get Started**
- 3.) In the box **Step 1: Complete Course & Quiz** click on Parents/ Coaches, in your case **Parents button |**
- 4.) You are now on the Responsible Sport Parenting Quiz page so scroll down and click on **Take the quiz.**
- 5.) Complete this short 10-question quiz by selecting the correct responses. It's a necessity to have all answers correct.
- 6.) After you've completed the program, fill out your email and other information. Then you'll be able to view, download and print your certificate. And, during open grant periods, you'll be able to credit Golden State Gymnastics in the race for the \$2,500. Fill out your information and click **Continue.**
- 7.) Please go to your email and verify it. It might take up to 5 minutes so make sure you check the spam. Click on the link **Verify Me Now!**
- 8.) Please complete just a few more questions and it will take you to your Responsible Sports Fan Page. Click on **Continue** button.
- 9.) You should be on your My Fan Page with a sign saying Your Quiz is: UNCREDITED. Click on button **Credit organization.**
- 10.) Fill out the organization name (Golden State Gymnastics), city (Burbank), state (CA) and click on the **GO!** Button
- 11.) Scroll down and click on the button **Select** next to our organization.

Thank you very much! We really appreciate your support. You can also get The Extra Point for us by signing up for the newsletter sent every other week throughout the grant period.

Please do not reply to this email. You are welcome to contact us on goldenstategym@hotmail.com

